

SAMPLE WEEKDAY SCHEDULE

	Abirim 4th & 5th	Nitzanim 4th & 5th	Giborei Yisrael 6th	Adat Shalom 7th	Tikvah	Sollelim 8th	Tzofim 9th	Machon 10th & 11th
7:45	Wake Up							
8:15	Breakfast					Shacharit Service (8:00 - Mondays, Thursdays)		
9:00	Shacharit Service					Breakfast		
9:45	Bunk cleanup							
10:30	Education Jewish/Hebrew	Education Jewish/Hebrew	Sports	Swimming	Tent Activity	Electives	Minicamps	Education Jewish/Hebrew
11:30	Swimming	Swimming	Electives	Sports	Sports	Education Jewish/Hebrew		
12:30	Sports	Sports	Education Jewish/Hebrew	Electives	Electives	Swimming	Tent Activity	Tent Activity
1:30	Lunch							
2:30	Rest Time							
3:30	Bunk Activity	Bunk Activity	Swimming	Tent Activity	Education Jewish/Hebrew	Sports	Education Jewish/Hebrew	Minicamps
4:30	Electives	Electives	Bunk Activity	Education Jewish/Hebrew	Swimming	Tent Activity	Swimming	
5:30	Special Activity Rotation						Chug Gadol	
6:30	Dinner							
7:45	Evening Activity					Ma'ariv Service & Evening Activity		